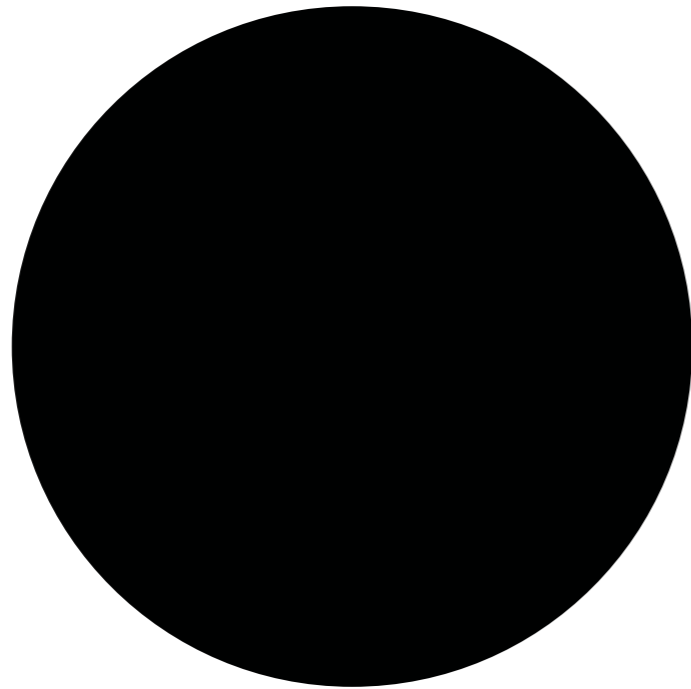


**WHAT DO YOU SEE?®**

**Adot Foundation**

**Grant Application Form**



## WHAT DO YOU SEE?®

Our earliest memories are individualistic. They are confirmed by our parents who show us a reflection or picture of ourselves and name us. These are the ways in which we get to build this separate self.

From these early suggestions our identity arises. Once established, it requires constant association with objective forms to sustain itself, generating, the 'me and mine', 'you and yours' scenarios that are the root cause of wars and suffering in the world. It is this conditioning that entices us to see the Dot, rather than the white canvas that supports it and without which it would have no existence.

What we see again and again are the small difference, rather than the big unity. This is how our lives are played out. Rather than understanding that there is much more between us and our fellow man that is similar, we are conditioned to note the small and often insignificant differences. Bombarded daily by this concept in advertising and in other media, we are encouraged to widen these differences in order to be richer, more successful and dominant.





The truth is the opposite. Just as a fish cannot see the water that surrounds it and that makes up a large part of its physical form, we are not aware of the consciousness that allows our existence, yet consciousness in one individual is the same as in another, just as is the air that we breathe. It is the canvas that supports the dot.



## Grant Application Form

### Contact Details:

Organisation Name	
Type of Organisation	(Please tick one below)
Registered Charity	
Not-For-Profit	
Other (tax exempt) organisation	
Charity Registration Number (If applicable)	
Charity's Address:	
Address Line 1:	
Address Line 2:	
Town/City:	
Postcode:	

Full Name of Primary Contact	
Job Title of Primary Contact	
Email address of Primary Contact	
Phone Number of Primary Contact	
Charity's Main Phone Number	
Website address	
Social Media Handles	
	
	



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**About your Charity / Organisation:**

Please summarise in less than 100 words your organisation's services and objectives

[Empty text box for summarizing services and objectives]

What is the main purpose of your charity (you may tick more than one):

<input type="checkbox"/>	Amateur sports	<input type="checkbox"/>	Environmental protection or improvement
<input type="checkbox"/>	Animal welfare	<input type="checkbox"/>	Health or saving lives
<input type="checkbox"/>	Arts, culture, heritage or science	<input type="checkbox"/>	Human rights
<input type="checkbox"/>	Assisting armed forces, police, fire and rescue or ambulance services	<input type="checkbox"/>	Prevention or relief of poverty
<input type="checkbox"/>	Citizenship or community development	<input type="checkbox"/>	Religious or racial harmony / equality and diversity
<input type="checkbox"/>	Conflict resolution or reconciliation	<input type="checkbox"/>	Social welfare (e.g. age, health or financial hardship related)
<input type="checkbox"/>	Education	<input type="checkbox"/>	Spirituality
<input type="checkbox"/>	Other: .....		



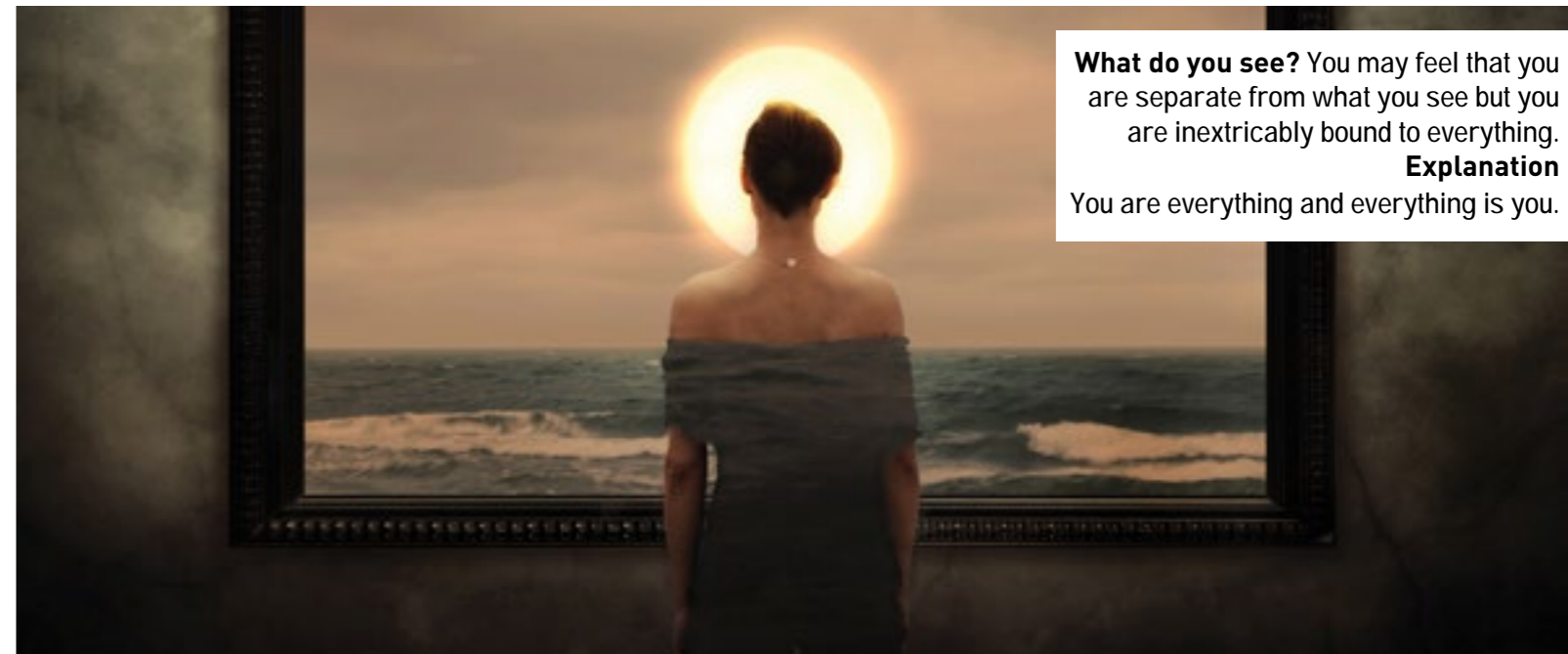
See the sameness. Not the difference.



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**Financial Information:**

Have you got audited accounts available from the last year?	Yes	No
Have you got reserves to continue operations for the next 12 months?	Yes	No
Cheque to be made out to:		



**What do you see?** You may feel that you are separate from what you see but you are inextricably bound to everything.  
**Explanation**  
You are everything and everything is you.

**Project & Funding Information:**

How much funding are you requesting?	£	
Is the funding for...	Specific Project	Running Costs
Have you already secured other funding for this project?	Yes	No
(If relevant) How are you planning on raising the total amount needed? (Please tick all that apply)		
<input type="checkbox"/>	Other grants and foundations funding	
<input type="checkbox"/>	Donations (such as legacy fundraising, individual donations etc.)	
<input type="checkbox"/>	Fundraising event(s)	
<input type="checkbox"/>	Other: .....	
Date grant needed by (if applicable):		



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Please outline in less than 500 words what the funding will be used for:  
*(You may also send through two additional A4 sides of any relevant information as a separate attachment with this application form. We are interested in seeing financial breakdowns for particular projects or running costs)*



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**Beneficiaries:**

Who are the main beneficiaries / service users for this application? (e.g. elderly, terminally ill, impoverished families)

How many beneficiaries will this funding support?

**Potential Partnership:**

*Please refer to the Application Guidelines for this section. Please note, this does not impact on the Trustees decision on your funding application, we are always seeking new, interesting partnership opportunities.*

Would you consider partnering with Adot on this project further?	Yes	No
--	-----	----

Would you consider partnering with Adot in the future?	Yes	No
--	-----	----

Do you run fundraising or brand awareness events?	Yes	No
---	-----	----

Do you require sponsorship or financial support for these events?	Yes	No
---	-----	----

If your application is successful, will we receive acknowledgement for our funding? If so, where?  
(Please tick all that apply)

<input type="checkbox"/>	Social media
--------------------------	--------------

<input type="checkbox"/>	Website
--------------------------	---------

<input type="checkbox"/>	E-newsletter
--------------------------	--------------

<input type="checkbox"/>	Print newsletter
--------------------------	------------------

<input type="checkbox"/>	Other: .....
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Are there opportunities for Adot staff, patrons, Trustees and volunteers to visit or be involved on site with the services outlined in this application?	Yes	No
--	-----	----

If you have any initial ideas at this stage on how we could work together or create a partnership, please briefly outline here (or email to info@adot.com):



**And, Final Question:**

How did you hear about the Adot Foundation? (Please tick)			
<input type="checkbox"/>	www.adot.com	<input type="checkbox"/>	Other Event: .....
<input type="checkbox"/>	adotdotcom	<input type="checkbox"/>	Other website: .....
<input type="checkbox"/>	thisisadot	<input type="checkbox"/>	Other social media: .....
<input type="checkbox"/>	Adot_com	<input type="checkbox"/>	Charity Commission
<input type="checkbox"/>	Adot Event: .....	<input type="checkbox"/>	Grant/ Trust Fundraising website: .....
<input type="checkbox"/>	Other: .....		



**What do you see?**  
 Love is the wish or the will to be one without separation or difference with another person and ultimately the universe.  
**Explanation**  
 Love is oneness.

Please send your completed form to [info@adot.com](mailto:info@adot.com) or Adot, 26 Soho Square, London, W1D 4NU.

The Trustees consider all applications on a rolling basis and all decisions are at their discretion in line with our aims and objectives. We will be in touch as soon as we can to let you know if you have been successful or not. At some times due to the high number of applications, we may not be able to notify unsuccessful applications.

Please follow us on social media and sign up to our newsletter on our website to stay up to date with our work and messages.

Many thanks for applying to the Adot Foundation.